

Magical Key 7

WORKBOOK

Your Book of Life

Reawakening to Your Soul's Purpose



Celia Barsby

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Your deepest
wound holds
the greatest
medicine.



Celia Barsby

Author | Speaker | Trainer | Mentor
Transformational Coach

About the Author

Celia Barsby is a Creative Visionary and now your personal Cosmic Soul Guide. Celia has been a maker, creator and teacher since the age of 7.

Celia creates a safe space for women seeking inner joy and connection to their own wisdom. So you can find your passion for living in creative flow with the Universe and recalibrate your life so that it becomes vibrant and magical, full of self-discovery and purpose.

Discover what lights you up and see what is possible for you.

You will receive your Soul Resources on your journey. Your Soul Structures will be revealed to you in powerful and fun, creative ways through various transformational tools, enabling you to reclaim your soul's purpose so you can flourish and grow.

Come weave with Celia at your Soul's Garden Party. Step through the rickety gate of your Creative Heart Space and open your pathways into your Soul's Magical Garden.



Welcome

to your

Soul's Garden Party

A Creative Lifestyle

giving you permission to

discover your Authentic, Rebellious, Quirky Self

Reawakening to your Soul's Purpose



How to use this Workbook

Every journey of exploration and adventure needs a logbook; this is your logbook which I encourage you to make your own.

I invite you to be rebellious – this is a workbook you get to write in! You will draw in the margins, write in your aha moments, underline words which feel important to YOU. You will add your own colour and your own symbols as you awaken to your subconscious.

I have also given you some special places for Magical Journaling and Doodle Space where you can dive a little deeper.

Above all I invite you to have fun!

Bon Voyage!



Time to do some
Magical Journaling



Gratitude Journal

5 MINUTES OF GRATITUDE DAILY

TODAY ____/____/____



TOP 3 THINGS ABOUT TODAY

- ☐
- ☐
- ☐

WHAT INSPIRED ME THE MOST TODAY?



GRATITUDE FLOWER

HOW AM I FEELING TODAY?



3 THINGS I WISH FOR TOMORROW

- ☐
- ☐
- ☐



Close your eyes and take a few deep breaths.

Imagine you are holding your own Book of Life.

What does it feel like?

What colour is it?

What is the title?

Describe it here.



You are strengthening and deepening your relationship with yourself.

Draw a symbol to represent this.



Your symbol is a love note from your subconscious.

What is the message for you?

[illegible]

Read a biography of someone who has inspired you.

What are your top three takeaways?

[illegible]



Write your affirmation in your journal.

*I write my own
Story.*





See you in the Garden



Next Step



Organise your
Free Discovery Session
with
Celia Barsby
simply visit
www.celiabarsby.com
to book your session online.



Offerings

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